

PCP:_

With

What is the main reason for your visit today?

When was the 1st day of your last period?

Any irregularities or issues with your periods that you would like to discuss?

or Both Partners?

Are you currently sexually active?

Female

Do you need a form of birth control today? Y

What are you using to prevent pregnancy now? (Circle)

Vasectomy

Implanon

Divorced

Separated

Miscarriages: _

Cesarean Sections:

IUD

Marital Status: (Circle)

Pregnancies:

Do you have any allergies to medications? Please list with reaction:

Condom/Spermicide

N

Married

Widowed

Male

Tubal sterilization

Birth Control Pills

Domestic Partner

Vaginal Births: ____

Ectopic/Tubal pregnancies:

Which pharmacy do you use?

Occupation:

Abortions: _

Multiple births:

Living children:

Depo Provera

Diaphragm

Single

Age:	
Gardasil:	

Pre-Visit Questionnaire Date:

Do you smoke?	Y	N	
If you did when did you quit:	_	••	
Do you drink alcohol:	Y	N	
Do you do recreational drugs?	Y	N	

Name:

Do you take medication/supplements/vitamins?

Please List:

Su	rgical H	listory: (C	ircle)	
Hysterectomy:		Y	N Who:	
Removal of ovaries?		None Y	Both	One
Urinary Bladder Su	N			
Other:				
My I	Medical	History: ((Circle)	
Deep Venous Thron	abosis:		Y	N
Depression:			Y	\mathbf{N}
Diabetes Mellitus:			Y	N
Heart Disease:	Y	N		
Hypertension:	Y	N		
Liver Disease:			Y	N
Migraine Headache	s:		Y	N
Thyroid Disease: Other:			Υ .	N
When was your last Colorectal Screening		ogram?		
Fa	mily Hi	story: (Ci	rcle)	
	Y	N	Who: _	
	Y	N	Who: _	
Colon Cancer:	Y	N	Who: _	

Type of Insurance (circle one)

HMO	PPO	SCCIPA
Medi-Cal	Medicare	SCFHP

Family History Questionnaire for Common Hereditary Cancer Syndromes Patient Name: Date of Birth: Please indicate if there is a personal or family history of any of the following cancers. If yes, then indicate family relationship and at diagnosis in the appropriate column. Consider parents, children, brothers, sisters, grandparents, aunts, uncles, and cousins. Colon Cancer Brother 36 vrs Aunt 44 yrs; Cousin 58 yrs Grandfather (BREAST AND OVARIAN CANCER (HBOC) Siblings / Children You Mother's Side Father's S (age of diagnosis) (relation / age of (relation / age of (relation / as diagnosis) diagnosis) diagnosis Y N Breast cancer Breast cancer in both breasts OR multiple primary breast cancers N Ovarian cancer N Male breast cancer Are you of Ashkenazi Jewish YES / NO descent? Please Circle: COLON AND UTERINE CANCER (LYNCH) You Siblings / Children Mother's Side Father's S (age of diagnosis) (relation / age of (relation / age of (relation / ag diagnosis) diagnosis) diagnosis Uterine (endometrial) cancer Colon cancer N Gastric/stomach cancer Ovarian cancer Kidney/bladder/ureter, brain or \mathbf{Y} N small bowel cancer Y 10 or more colon polyps in a lifetime N **Prostate Cancer** (HBOC) N Melanoma (HBOC) Pancreatic Cancer (HBOC/Lvn) N Other Cancers Patient's Signature: Date: FOR OFFICE USE ONLY Patient offered hereditary cancer testing? ☐ NO YES (ACCEPTED / DECLINED) HEALTH CARE PROVIDER SIGNATURE: **HBOC - Personal or Family History (Derived from NCCN)** Lynch*- Personal or Family History (Derived from 5 One or Two persons with: (out to 2nd degree) One person with: (out to 2nd degree) Two persons with: (out to 2'd degree) -Breast CA (diagnosed ≤45) -Breast Cancer (1 dx'd ≤ 50) -Endometrial or Colorectal Cancer (1 diagnosed ≤50) -CRC, endo, gastric, or ovarian cancer along with another Lynch -Ovarian CA, any age associated cancer in the same individual -Male breast CA, any age Three Persons with: (out to 2rd degree) -Endo or CRC Cancer at any age & another Lynch* cancer dx'd ur -Bilateral breast CA (1 tancer dx'd ≤50) -Combination of breast/pancreatic any age -Triple negative Breast CA (dx'd ≤60)

NOTE:

A. Lower threshold for testing in Ashkenazi Jewish individuals.

B. 3rd degree blood relative with breast ca and/or ovarian ca with 2 or more close blood relatives with breast ca (at least 1 breast ca dx'd at or under age 50) and/or ovarian ca.

C. Limited family structure (fewer than 2 female $1^{\rm st}$ or $2^{\rm 30}$ degree relatives living past age 45) may mask a mutation in a family

Three persons with: (out to 2nd degree)

-Lynch* cancers with 1 being Endometrial or Colorectal, any age

*Endo, CRC, ovarian, stomach, brain, pancreas, small bowel, uret renal pelvis, biliary tract, sebaceous adenomas

In an effort to provide the best experience during your office visit today and help us keep current on your health, please take a few minutes to complete the following questions. Thank you! Name_______Date_____ CONTRACEPTION What is your current form of birth control?______ 2. How long have you been using your current form of birth control? (please check one) __Two years or less ____3 to 5 years ____6 to 10 years ____Over 10 years 3. When are you planning to have another child? (please check one) ____Within the next year _____ Within the next 5 years Within the next 10 years _____ I am done having children **MENSTRUAL PERIODS** 1. How long does your average monthly period last?______ Days 2. Do you ever feel as though your periods impact the quality of your life? ____Yes _____No 3. Do you ever experience irregular or inconsistent bleeding patterns? _____Yes _____No URINARY HEALTH 1. Do you ever leak urine when you cough, laugh, or sneeze? _____Yes ____No 2. Do you ever feel as though you have to urinate urgently? _____Yes ____No _____Yes ____No 3. Do you feel like you have to urinate too frequently? _____Yes _____No 4. Do you ever experience painful urination? **AESTHETICS INTERESTS** (Please indicate any area of interest) ___Laser Hair Removal ____Facial Treatments ____Vein Therapy ____Botox, Obagi, etc Nutraceuticals, Dietary Supplements, Weight Loss Programs, etc.